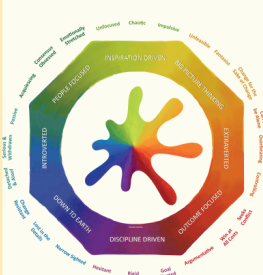


Bringing Lumina & DISC Learning to Business Teams

What Are Lumina and DISC Profiles?

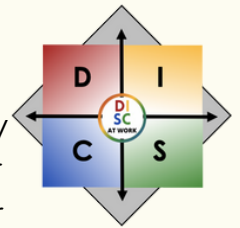
Lumina Spark and DISC are globally recognised personality and communication tools that help individuals and teams understand how they think, interact, and perform at work.

Both are evidence-based, accredited systems used by organisations worldwide to improve collaboration, leadership, communication, and emotional intelligence



Lumina Spark goes deeper, exploring individual personality traits across 24 qualities and showing how people can flex their style depending on the situation.

DISC identifies four key behavioural styles — Dominance, Influence, Steadiness, and Compliance, represented by colours that make it easy for individuals to recognise their own preferences and those of others.



Why Bring It Into Your Business

For Managers and Leaders

- Strengthen communication and collaboration across departments
- Reduce misunderstandings and improve team dynamics
- Gain deeper self-awareness of leadership style and impact
- Enhance emotional intelligence and resilience

For Teams:

- Improve collaboration, trust and morale
- Increase confidence and adaptability in day-to-day interactions
- Develop clearer, more effective communication with colleagues and customers
- Build awareness of different working styles to boost performance



A 2023 Lumina Learning study found that 92% of participants (across sectors) felt more self-aware, and 85% reported improved collaboration and empathy after completing their profile.



Enhancing Communication & Collaboration in Business

Why It Matters for Managers & Teams

- Build stronger, higher-performing teams
- Adapt your communication to different styles and personalities
- Reduce friction and improve workplace culture
- Boost employee engagement and motivation
- Strengthen customer and cross-functional relationships



Discover Your Colours. Unlock Your Potential.



Benefits for the Business

- Greater team alignment and shared understanding
- Improved communication with clients, colleagues and stakeholders
- More effective leadership and coaching conversations
- Enhanced well-being, morale and productivity across teams

Mandy your facilitator



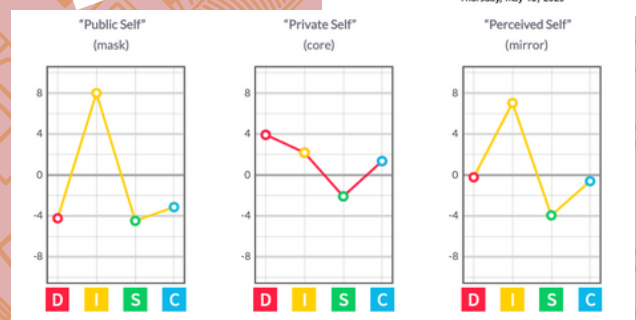
Your Investment Includes

- Pre-session virtual meet-and-greet – connect with your facilitators, align goals, and set expectations ahead of the day.
- One-day interactive workshop – a highly engaging, hands-on learning experience designed to inspire reflection and practical action.
- Individual profile coaching – a dedicated one-to-one session exploring your personal DISC or Lumina insights and how to apply them in your leadership role.
- Post-workshop debrief with key sponsors – a focused review to share outcomes, insights, and recommended next steps to embed learning across the business.

Luminar Profiles



DISC Profiles



- Full report
- Access to Splash App

- Full report

Presenting Confidently

This workshop to equip professionals with the skills and confidence needed to deliver effective presentations. Participants will create a presentation from the ground up, utilising the Three P Framework—considering the Presenter, the Participants' requirements, and a planned delivery strategy. Practical exercises, live presentations, and constructive feedback are included to hone skills. An additional, smaller, more personalised workshop is available for those who require additional assistance.



Meeting Management



This workshop equips participants with the critical skills to lead productive meetings, whether in-person or remote.

It addresses methods to increase participation, enhance productivity, and ensure meetings yield significant results. Workshops are customised to business requirements, offered virtually, in-person, or in hybrid configurations, ranging from one to three days.

Management & Leadership

This workshop equips participants with the essential skills and mindset to lead with confidence, clarity, and impact. It explores core principles of effective leadership, people management, and communication — helping managers inspire performance, build trust, and drive results through others. Participants will learn practical tools for motivating teams, managing change, developing talent, and handling challenging conversations.

